

**MENUS FOR OCTOBER 2024**  
**Henry County Schools After School Enrichment Program**  
 This institution is an equal opportunity provider. Menus are subject to change.

**SCHOOL LUNCH PIRATES**  
**FIND YOUR TREASURE!**  
 OCTOBER 14-18, 2024  
 #NationalSchoolLunchWeek

SCHOOL NUTRITION ASSOCIATION



**What's on YOUR plate?**

**Monday, Sept. 30**  
 WG Poptart  
 Milk

**Thursday, Oct. 1**  
 Corn Dog  
 (Ketchup & Mustard)  
 100% Juice

**Wednesday, Oct. 2**  
 Smart Snack Chips  
 100% Fruit Juice

**Thursday, Oct. 3**  
 Goldfish Crackers  
 100% Fruit Juice

**Friday, Oct. 4**  
 Mini Chocolate Chip  
 WG Cookies  
 Milk

**Monday, Oct. 7**  
 WG Muffin  
 Milk

**Tuesday, Oct. 8**  
 WG Frudel  
 100% Juice

**Wednesday, Oct. 9**  
 Smart Snack Chips  
 100% Fruit Juice

**Thursday, Oct. 10**  
 Mini Bagels  
 100% Juice

**Friday, Oct. 11**  
 WG Cereal  
 Milk

**Monday, Oct. 14**  
 WG Poptart  
 Milk

**Tuesday, Oct. 15**  
 Corn Dog  
 (Ketchup & Mustard)  
 100% Juice

**Wednesday, Oct. 16**  
 Smart Snack Chips  
 100% Fruit Juice

**Thursday, Oct. 17**  
 Goldfish Crackers  
 100% Fruit Juice

**Friday, Oct. 18**  
 Mini Chocolate Chip  
 WG Cookies  
 Milk

**Monday, Oct. 21**  
 WG Muffin  
 Milk

**Tuesday, Oct. 22**  
 WG Frudel  
 100% Juice

**Wednesday, Oct. 23**  
 Smart Snack Chips  
 100% Fruit Juice

**Thursday, Oct. 24**  
 Mini Bagels  
 100% Juice

**Friday, Oct. 25**  
 WG Cereal  
 Milk

**Monday, Oct. 28**  
 WG Poptart  
 Milk

**Tuesday, Oct. 29**  
 Corn Dog  
 (Ketchup & Mustard)  
 100% Juice

**Wednesday, Oct. 30**  
 Smart Snack Chips  
 100% Fruit Juice

**Thursday, Oct. 31**  
 Goldfish Crackers  
 100% Fruit Juice

**Friday, Nov. 1**  
 Mini Chocolate Chip  
 WG Cookies  
 Milk

**Can you solve the Amazing Maze o' Maize?**

Another name for corn is "maize," and although this may not be the biggest maize maze in the world, it's still FUN! Can you find your way to the delicious ear of corn in the center?



Learn more at [www.CHOOSEMYPLATE.gov](http://www.CHOOSEMYPLATE.gov) or [http://kidshealth.org/kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)